

## **Potty Training Policy**

### **What to Expect in Preschool**

#### **Signs of Readiness – What are my child’s signals that he/she might be ready to potty train?**

1. Pulling at a wet or dirty diaper
2. Hiding to pee or poo
3. Interest in others’ use of the potty
4. Staying dry for longer periods
5. Predictable bowel movements
6. Able to perform simple undressing
7. Tells you they’re about to go, are going, or have just gone in their diaper

#### **Is My Child Potty Trained? – A potty trained child is the child who can do the following:**

1. Be able to **TELL** the adult they have to go **BEFORE** they have to go
2. Be able to pull down and pull up their pants/underwear without assistance
3. Be able to wipe themselves after using the toilet
4. Be able to get on and off the potty independently
5. Be able to wash and dry hands
6. Be able to postpone going if they have to wait for someone in the bathroom or if they have to walk from the playground to the bathroom

#### **What will the Teachers do to help?**

1. Once your child has had success at home with TELLING you they have to use the potty BEFORE they go, we are happy to let them try going potty here
2. We will start them in a pull-up here. Pull-ups MUST have velcro sides. The non-velcro pull-ups can come off easily, if they have an accident, but we have to undress your child (shoes & bottoms) to put on the new pull-up. This is not time conducive with a class full of children training.
3. Once they are COMPLETELY accident-free for two full weeks at school, we will let them wear underwear here.
4. We will ask them to sit on the potty at natural transition times (before music or playground, before or after snack etc.)
5. We will supervise them and be observant of signs they may need to go.
6. We will praise your child for every success, and treat accidents matter-of-factly and without scolding

### **What limitations do the teachers have?**

1. We are unable to take the children to the potty on a parent's predetermined schedule. We are not equipped or staffed to spend large amounts of time pottyng, especially in classrooms that do not have attached bathrooms.
2. Our responsibility is the safety of everyone in the group as well as infection control. If your child has an accident, we will put them in a pull-up or diaper because a teacher who is cleaning a child or sanitizing the floor is not able to effectively supervise the rest of the children.
3. We do not have the facilities to bathe your child. If the accident is exceptionally messy, we will call you come get them so they can be bathed at home.

### **Can I expect my child to have the same success at school as at home?**

1. While rarely some children will do better at school than at home, the opposite is far more common.
2. There are far more distractions at school – more kids, more toys, more activities. It is hard to a child to stop playing to go to the bathroom.
3. We must divide our attention among all the children and cannot focus on a single child like you do at home. This is why your child must be able to tell us that he/she needs to go to the bathroom.

**Please feel free to reach out to us with any questions you may have. We are here as a resource to you. Our goal is to help make this potty training process as painless as possible.**

I understand the potty – training policy at Noah's Landing Preschool and will send my child in with the correct diaper/pull-up/underwear per their potty-training stage in their classroom. I understand this could be different than at home, and I will work with my child's teacher to ensure a smooth transition.

Parent/ Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_